



British Aikido Federation

Grading Result Form

Form 2

PLEASE WRITE CLEARLY IN BLOCK CAPITALS

Name:	
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	D	C	Acceptable				Not Acceptable
			1	2	3	4	
Knowledge of Technique							
Contact (Ki)							
Posture							
Flow and Flexibility							
Maai & Zanshin							
Ukemi							
Spirit							
Manner and Attitude							

In order to pass a candidate should achieve at least 'acceptable' for each element.

(Consideration will be given to any circumstances which may affect a grading, and which have been brought to the attention of the examiners prior to the grading)

1 = Very Good 2 = Good 3 = Average 4 = Needs improvement

C = Commended (Candidate has performed particularly well in this area)

D = Distinction (Candidate has shown exceptional qualities in this area)

Grade Awarded:	Date:
Examiner's Comments:	
Examiner:	Examiner's Signature: